

Activity Descriptions

Activities are grouped by theme:

- Challenge/Adventure pg. 1 - 2
- Outdoor Pursuits pg. 3 - 4
- History pg. 4
- Science pg. 5 - 6
- All Camps pg. 7

A full activity block is about 3 hours. Each description lists the time an activity **may** fill, along with any age or group restrictions. Actual activity time will be determined by number and type of activities selected and total time available in your camp schedule.

**Denotes activity has an additional fee.*

CHALLENGE/ADVENTURE THEME - Individual and group challenge characterize this theme. Students solve problems by trial and error. Debriefings focus on life applications. Classes larger than 16 students will be split into two patrols. Some activities have age minimums due to height or maturity requirements.

Activities are listed from **low to high** perceived risk, and from **group to individual** challenge.

COMMUNICATION (Half Block, low perceived risk, group challenge, 3rd grade and up)
These activities stress communication and listening skills. The cornerstone activity is **The Beast**. Students are divided into small teams. One member of each team will describe the "Beast" to the rest of the team. Team members must obtain the parts and assemble an exact copy of the "Beast", following the directions given by this observer. Other complementary communication activities may precede and follow.

GROUP BUILDING ACTIVITIES, a.k.a. GBAs (Full or Half Block, low perceived risk, group challenge, 3rd grade and up)
A variety of challenges will be used to identify and develop the skills needed to be an effective group, such as communication and trust. With minimal props students will use their problem solving skills and imagination to accomplish group goals. May take place indoors or outside. Some common activities include group juggle, hula hoop pass, and more. May be paired with **Teams Course**.

TEAMS COURSE a.k.a. non-spotted group initiatives/low ropes (Full or Half Block, medium perceived risk, group challenge, 3rd grade and up)
A series of outdoor challenge stations tests the group's ability to work together to solve problems. The course includes some classic teambuilding elements such as whale watch, trolleys, stump to stump, all aboard, squeeze box, and the muse. Instructors tailor activities to the group's needs. May be paired with **Group Building Activities**.

The following challenge/adventure activities require at least 2 adults. Usually the classroom teacher is at this activity with one patrol while the other patrol is elsewhere.

SHERWOOD FOREST a.k.a. spotted group initiatives or low ropes (Full Block, medium perceived risk, group and individual challenge, Spring 5th grade and up)

This teambuilding area consists of several “low ropes” type challenge activities constructed of wire and wood. Students use teamwork to complete the challenge which may involve balancing, lifting teammates, or swinging on a rope. These activities present individual challenges with the support of the group. This activity requires safety instruction in spotting and may require a lead in warm up activity.

THE BEAM (Full Block, medium to high perceived risk, group and individual challenge, Spring 5th grade and up)

Students must work together to get each student, one at a time, safely up and over a six foot high horizontal beam. The beam requires planning, communication, teamwork, trust, and individual challenge. This activity requires safety instruction in spotting and may require a lead in warm up activity.

THE WALL (Full Block - medium to high perceived risk, group and individual challenge, Spring 5th grade and up)

Students must work together to lift each student, one at a time, safely over a ten foot high wall. The wall requires planning, communication, teamwork, trust, and individual challenge. This activity requires safety instruction in spotting and may require a lead in warm up activity.

***TOWER CLIMB** (Full Block – high perceived risk, individual challenge, 3rd grade and up for staff belay, spring 5th grade and up for team belay)

Students push their personal limits on the thirty foot outdoor tower climb. Trained staff fit climbing harnesses and helmets on students. Each student will challenge himself or herself to climb as high as they can. Students in spring 5th grade and up learn a “team belay” system where the students hold the rope while a teammate climbs. Students in 3rd grade through fall of 5th grade are belayed by staff. Requires classroom teacher’s assistance on the ground.

***HIGH ROPES COURSE** (Full Block – high perceived risk, individual challenge, Spring 5th grade and up)

Test what you can do thirty feet in the air! Trained staff will gear up students with harnesses, sling lines and helmets and teach them how to challenge themselves on our 15 element course. Individual challenge, expanding comfort zones, and team support are all a part of this activity. Requires classroom teacher’s participation up on the course. For spring 5th grade and up.

*\$15 per student for Tower Climb OR High Ropes.

*\$20 per student for Tower Climb AND High Ropes.

*Advance scheduling required.

OUTDOOR PURSUITS THEME – Students will learn an outdoor skill or participate in an outdoor activity.

ACTIVE GAMES (Half Block)

Students enjoy learning games and running off energy. Whether they learn some old games such as “kick the can” or a camp favorite “camouflage”, students will enjoy playing hard and having fun with their class.

ARCHERY (Half Block)

Students develop skills in using a simple bow and arrow. They will learn safe techniques and practice shooting at our archery range, usually in our Rec Room. Classes with more than 16 students will be split into two patrols. While one patrol is at archery class, the other will have a different half block activity. Requires classroom teacher’s participation.

BOULDERING (Half Block)

This activity challenges individual students to horizontally traverse the lowest portion of our climbing wall for approximately 40 feet, using small gripping holds to keep them on the wall. Requires safety instruction in spotting and may require a lead in warm up activity. Classes larger than 18 students will be split into 2 patrols.

***CANOEING** (Full Block)

Students will enjoy paddling around on Clear Lake. First, they receive instructions, life jackets and paddles. The instructor demonstrates some basic strokes and students try their new skills in the practice area. Time and weather permitting, the group will then go for a paddle along the lakeshore. 1:10 adult to student ratio, including lifeguard, classroom teacher, and OEC staff. Lifeguard on duty. Requires classroom teacher’s participation on the water, including having students in the teacher’s canoe.

*\$40 per class, paid directly to our contracted lifeguard. Advance scheduling required.

COOKOUT (Full Block + Lunch)

Students first work in groups to prepare their meal at the lodge. Next, they learn the basics of fire building and fire safety. Working in small groups, they build fires to cook lunch outside. This activity takes a full block and replaces a meal in the dining hall. If a group attends camp for only 3 days, it may not be possible to schedule cookout. In that case fire building will be scheduled instead.

FIND YOUR WAY, maps and shelters (Full Block)

Students are introduced to essential survival principles and the basics of map reading. As a group, they navigate to a location on camp and perform a survival related task such as shelter building.

FIRE BUILDING (Half block)

In this class students learn the basics of fire safety and fire building techniques. They will build small fires and possibly prepare a snack such as s’mores. This activity does not replace a meal in the dining hall. For a full block of outdoor fire and cooking experience, please choose **Cookout**.

ORIENTEERING, compass use (Half Block)

Students will be introduced to the parts of a compass and how to follow a bearing. They will have an opportunity to practice this new skill on our orienteering course.

SURVIVAL, essential items, shelters, and fire (Full block)

Students learn about the “Rule of 3’s” and elements of trip planning for survival. Then students practice shelter building out in the woods and attempt to make fire through various methods.

SPECIAL INTERESTS SEMINARS (Half Block on Friday morning)

Camp staff and school teachers offer a variety of activities based on their interests and expertise. Students sign up for their favorite. Teachers are invited to offer classes during this time as well!

The following activities may be scheduled in the evening, along with All-Camps and other activities from all themes.

CAMPFIRE, single class sized (Evening half-block)

Create memories at a small evening campfire. Learn songs and tell stories with a fire in the background. This is usually combined with another activity to fill the evening.

CRAFTS (Evening)

Students will explore their creativity learning a craft. They may utilize natural materials such as pine cones and other collectibles or learn how to recycle paper. Popular crafts include paper making, friendship bracelets, leaf prints, leaf or crayon “stained glass”, rain sticks, god’s eyes, and nature picture frames.

NIGHT EXPLORATION / EVENING HIKE (Evening)

Head outside after dark on a hike with stops for sensory awareness activities to experience the night and its sounds. Discover that you really can see at night! During Daylight Savings Time or when sunset is later, the emphasis will be on senses and the hike will not take place in the dark.

HISTORY THEME – Go back in time to when Michigan was just being settled. Try a pioneer craft. Discover firsthand what it was like to travel and settle in the frontier.

OLSON’S MERCANTILE (Half Block)

Pioneer struggles come alive! Students form pioneer “families” and go to Olson’s Mercantile to purchase all of the things that they will need for their trip across the frontier to settle in the “west”. After making their purchases, the students will walk a trail with typical encounters of the 1830’s trail west. The value of their purchases will be tested. This activity is paired with **Pioneer Cabin** for a complete history experience.

PIONEER CABIN (Half Block)

Travel back in time to the 1830’s by visiting our Pioneer Cabin. Students will experience pioneer life through different activities including a tour of the homestead, candle making, or trying common hand tools. This activity is usually paired with **Olson’s Mercantile** for a complete history experience.

SCIENCE THEME Explore and discover scientific concepts with hands-on activities in the outdoors.

ADAPTATIONS (Full Block with an animal choice)

Students are introduced to the basics of adaptations through visits to some of our live animals such as snakes, birds, or amphibians, or by viewing our mammal study skins and skulls. Students are then challenged to "Build a Better Beast". They must design their "beast" with several adaptations to survive within its habitat and then draw or build their creature. Please specify which animals (amphibians, birds, mammals, snakes) you would like to visit.

ANIMALS (Half Block for one or two animals, Full Block for all animals)

- **Amphibians** Students learn about the natural history of amphibians and have the opportunity to see and touch some of our resident live animals. A live feeding may be a possibility.
- **Birds** Students will go to our bird watching cabin to observe wild birds in their natural habitat from the comfort of an enclosed cabin. Students will also stop by the aviary to view our Great Horned Owl and Red Tailed Hawk.
- **Mammals** Utilizing a set of study skins and skulls, students are encouraged to touch and observe various mammals and their characteristics.
- **Snakes** Students will learn about common non-venomous snakes and may have an opportunity to meet and touch our boa constrictor or other snakes.

ANIMALS IN THE WOODS (Half Block)

This very active survival simulation takes place in the woods or on the prairie and provides experience with some interconnections in the ecosystem. Students play the roles of predator and prey. They need to get food and stay alive until the whistle blows. Interconnections such as predator-prey, competition, and parasitism will be discussed.

CARSON'S CORNER (Half Block)

Rachel Carson was a pioneer of the environmental movement and a proponent of encouraging children to explore and wonder. Carson's Corners, named after Rachel Carson, is a hands on activity cabin. Learn about recycling, senses, tree rings, the water cycle, and much more. This is a great evening activity as well.

COMMUNITY MEETING (Full Block, often evening or Friday morning)

This is a simulation activity in which campers are told that the school district is considering selling Clear Lake Camp. The students are assigned roles and are asked to actively take on that role when a developer comes to present plans for the site development. How will the plants, animals, and other community members react to the proposal? This activity is done with all camp classrooms together in the style of a real community meeting, complete with mayor and developer. 2 classroom minimum.

EARTHWALK / SENSES HIKE (Full or Half Block)

Take a walk in the woods full of affective activities and see what you may discover! Instructors will include stops along the way for activities to increase sensory awareness and help students acclimatize to being outdoors. This is a great first day activity to get students outside, exploring the camp, and getting in touch with nature in a non-lecture environment. Favorite activities include **Hug a Tree, Magic Spots, Sky Eyes, Underworld, Rainbow Chips, Leaf Slides, Micro Parks, Sound Off, and more!**

ENERGY FLOW (Full or Half Block)

This class uses a series of activities to review how energy flows from the sun to plants to animals in food chains. Activities chosen will determine the length of the class.

- **Photosynthesis** Students are introduced to or review photosynthesis, learning that inside the leaf carbon dioxide and water, with a little “magic”, produce glucose and oxygen.
- **Food Chain Review** A basic food chain is modeled to show how the sun’s energy flows from plants to animals.
- **Deadly Links** This fast-paced activity demonstrates how contamination can move up a food chain through bioaccumulation and biomagnification. Students play the roles of minnows, bass or eagles. Each group of animals in turn is released in a confined area where they tag other students for food. At the end of the round, students count their multi-colored food chips to determine who has survived.

POND (Full or Half Block)

Students get their hands dirty collecting and identifying critters and using microscopes.

- **Pond Exploration** Our 270-foot boardwalk allows students to get out into the middle of our 4-acre pond. Students will use nets and hand lenses to collect and study macro-invertebrates. Their collection data will be recorded and used to determine the health of the pond.
- **Pond Lab** In our indoor lab, students use microscopes to view the tiny plants and animals of the pond.

RECYCLING (Full or Half Block)

This class uses various activities to review recycling both in nature and by humans. Activities chosen will determine the length of the class.

- **Life Ledger or The Decomposing Game** Students become a part of the soil cycle to learn that the earth's raw materials must be used over and over. Students play the role of nutrients and move through the ecosystem in a high-energy tag game. Participants hit by the “disease bopper” must decompose and become soil before re-entering the game as plants. The importance of decomposers is emphasized.
- **Recycle Relay** Students review non-renewable resource use through a short relay race highlighting how recycling aluminum conserves natural resources.
- **Landfill** In a visit to the “Clear Lake Camp Landfill” students discover that many items we throw away could have been recycled.
- **Camp Compost** Students visit the camp’s compost bins to see first-hand how nature recycles to create soil from our food scraps.
- **The Fallen Log** Students will spend time investigating naturally occurring decomposition in the woods. How does it feel and smell? What is living on or under a log? Discover decomposition in action.

***ROV- REMOTELY OPERATED VEHICLES** (Full Block)

Become an engineer our most popular STEM offering. Students are introduced to the history of remotely operated vehicles and given a mission to complete. Working in small groups, they receive a bucket of vehicle parts including propellers, control box and

motors. They are challenged to create a submersible vehicle, test its design, and drive it in the lake. If the weather is poor, students will drive their vehicles in an indoor test tank. *\$10/student. Advance scheduling required.

ALL CAMPS Offered one, two or three evenings a week for the entire group in camp. They are active, fun, social opportunities. Traditionally we schedule **Battle of the Game Shows** or **Six Socks** on the first or second evening and **Rapid Foot Movement** on the final evening.

BATTLE OF THE GAME SHOWS (Evening)

Students are broken up into random groups to cycle through a series of camp style game show games such as “Win, Lose or Draw”, “Outburst”, “Liars’ Club”, “Jeopardy”, and “Wheel of Fortune”.

CAMPFIRE with stories and songs (Evening half block)

Gather the whole camp together either outside or in the Rec Room for camp songs, stories, and staff skits. Location will be determined by weather and group size. Outdoor area seats 80 maximum, including seating on the ground. If held indoors there will not be a fire. Will be combined with another short activity to fill the evening.

RAPID FOOT MOVEMENT a.k.a. RFM (Evening)

Everyone enjoys some lively music and foot stomping. Students are taught a variety of dances, including some classics (Hokey Pokey), some new (Cupid Shuffle, Cotton Eye Joe), and the ever popular Virginia Reel. Since we don’t want students worry about “partner” dancing we call this activity Rapid Foot Movement and down play the “couple” aspect of dancing. Get ready for a night of fun and send us your dance requests!

SIX SOCKS (Evening)

Part “capture the flag” and part “steal the bacon” Students work together to protect their own three socks (a tube sock stuffed with other socks) from being stolen out of the sock corral but are trying to capture the opponents’ three socks to win the game. A great outdoor evening energy burner! Not available when sunset is before 8pm.